

Download Two Aspirins And A Comedy How Television Can Enhance Health And Society

Two Aspirins and a Comedy

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Two Aspirins and a Comedy | How Television Can Enhance ...

Two Aspirins and a Comedy arrives at surprising and unconventional answers to these questions. Metta Spencer delves deep into the significance and power of entertainment as a means to influence society.

Two Aspirins and a Comedy: How Television Can Enhance ...

Two Aspirins and a Comedy is not really a study of television and its uses, it is actually a study of our society and how it meets the needs (and fails to meet the needs) of individuals in it. She sees people who are lonely and out-of-sorts reaching out to television stories for human contact and affirmation of their values.

Two Aspirins and a Comedy: How Television Can Enhance ...

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Approaching the subject through a sociological and social-psychological lens, she couches *Two aspirins and a comedy: How the debate on the effects of entertainment television can enhance health within the context of Plato's and Aristotle's and society differing philosophies regarding the contributions of drama to a healthy society.*

Two Aspirins and a Comedy: How Television Can Enhance ...

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Two aspirins and a comedy : how television can enhance ...

Two Aspirins and Comedy identifies entertainment as a public health issue. Our vicarious emotions, based on our empathy with fictional characters, actually harm or restore us physically. Spencer cites research proving that watching a funny movie will relax the blood vessels by 20 percent, whereas watching the battle scene from Saving Private Ryan will constrict them by 35 percent; these effects last for hours.